

Concierge Connection

"Helping Professionals Get Back to Business"

Top 10 New Year's Resolutions

1. Spend More Time with Family & Friends

Recent polls conducted by General Nutrition Centers, Quicken, and others show that more than 50% of Americans vow to appreciate loved ones and spend more time with family and friends this year. Work shouldn't always come first!

2. Fit in Fitness

The evidence is in for fitness. Regular exercise has been associated with more health benefits than anything else known to man. Studies show that it reduces the risk of some cancers, increases longevity, helps achieve and maintain weight loss, enhances mood, lowers blood pressure, and even improves arthritis.

3. Tame the Bulge

Over 66 percent of adult Americans are considered overweight or obese by recent studies, so it is not surprising to find that weight loss is one of the most popular New Year's resolutions.

4. Quit Smoking

If you have resolved to make this the year that you stamp out your smoking habit, over-the-counter availability of nicotine replacement therapy now provides easier access to proven quit-smoking aids. Even if you've tried to quit before and failed, don't let it get you down.

5. Enjoy Life More

Given the hectic, stressful lifestyles of millions of Americans, it is no wonder that "enjoying life more" has become a popular resolution in recent years. It's an important step to a happier and healthier you!

6. Quit Drinking

While many people use the New Year as

an incentive to finally stop drinking, most are not equipped to make such a drastic lifestyle change all at once. Many heavy drinkers fail to quit cold turkey but do much better when they taper gradually, or even learn to moderate their drinking.

7. Get Out of Debt

Was money a big source of stress in your life last year? Join the millions of Americans who have resolved to spend this year getting a handle on their finances. It's a promise that will repay itself many times over in the year ahead.

8. Learn Something New

Have you vowed to make this year the year to learn something new? Perhaps you are considering a career change, want to learn a new language, or just how to fix your computer? Whether you take a course or read a book, you'll find education to be one of the easiest, most motivating New Year's resolutions to keep.

9. Help Others

A popular, non-selfish New Year's resolution, volunteerism can take many forms. Whether you choose to spend time helping out at your local library, mentoring a child, or building a house, there are many nonprofit volunteer organizations that could really use your help.

10. Get Organized

On just about every New Year resolution top ten list, organization can be a very reasonable goal. Whether you want your home organized enough that you can invite someone over on a whim, or your office organized enough that you can find the stapler when you need it, this resolution should get you started on the way to a more organized life.

HOW TO USE THE CONCIERGE SERVICE

ORDER TICKETS MONDAY-FRIDAY

9:00 am - 5:00 pm

The delivery day for your building is every Friday by 12:00 pm; **all orders must be placed by 2:00 pm on Thursday, the day before.**

3 WAYS TO ORDER

PHONE

972-770-4045

EMAIL

services@conciiergeconnection.org

WEB

www.cciservices.org

WE DO NOT ACCEPT

PERSONAL CHECKS OR CASH.

We do accept ALL major credit cards, debit cards and company checks.

PLEASE have your credit card ready when calling. There is a \$25 NSF fee for all returned checks.

President Candace Rozell

candace@conciiergeconnection.org

(Please do not send ticket orders to this email.)

First Fridays at the Modern

- Beginning on January 6, 5pm-8pm
- Address: 3200 Darnell Street, Fort Worth, TX 76107
- Phone: 817-738-9215
- Venue: Modern Art Museum of Fort Worth

The first Friday of each month the *Star-Telegram*, the Modern, and Café Modern team up to bring you live music and cocktails in the Museum's Grand Lobby from 5pm-8pm. Bring your friends and enjoy diverse live performances, cocktail selections, and dinner in Café Modern. A docent-led, 20 minute tour of the galleries is available at 6:30pm. The tour is free for Modern members and *Star-Telegram* Press Pass holders.

Fort Worth Stock Show & Rodeo All-Western Parade

- Saturday, January 14, 11am
- Address: Downtown Fort Worth, Fort Worth, TX 76102
- Admission: Free
- Phone: 817-877-2400

Don't miss the tradition of the Fort Worth Stock Show's "All Western Parade" in Downtown Fort Worth! The Stock Show Parade is held each year on the first Saturday of the Show. Nearly 100,000 spectators line the streets of downtown Cowtown to watch this spectacular annual event. Plenty of horses and other livestock can be seen - but no motorized vehicles are allowed!

Concert for the Cure

- Saturday, January 28, 8pm
- Address: 525 Commerce St, Fort Worth, TX 76102
- Contact: Komen Greater Fort Worth
- Phone: 817-735-8580
- Venue: Bass Performance Hall-Maddox-Muse Complex

Komen Greater Fort Worth is joining with the Fort Worth Symphony Orchestra to host LeAnn Rimes in a Concert for the Cure. The Concert for the Cure will benefit Susan G. Komen for the Cure Greater Fort Worth. The Affiliate uses 75 percent of all money raised to fund treatment and prevention projects in the local community and the remaining 25 percent for national research initiatives to find the cures.

Flash Light Tours at Thistle Hill Mansion!

- Times: 4pm, Second Friday of each month
- Address: 1509 Pennsylvania Avenue, Fort Worth, TX 76104
- Admission: \$25 per person (Tours limited to 10 people); Reservation recommended
- Phone: 817-336-1212

Located near the hospital district, this Georgian Revival style mansion has been restored to its 1912 condition and is listed on the National Register. The nearly 11,000 square foot, red brick structure was once the scene of lavish dinners and parties as the Whartons entertained Fort Worth's powerful and elite. The house is available for individual and group tours (handicap accessible).

Ever wonder what was beyond the velvet ropes? Become one of the few to venture beyond the standard tour. Join them for the rest of the tour...enjoy the basement and see what exactly is holding up the house! This infamous trunk room known to the family as the Ballroom is a third floor play room for the young and young at heart! See the origins of Fort Worth's automotive history in the Carriage House and see how the other half lived in the Servant's Quarters.

Healthy Mind, Happy Life: A Free Public Talk

- Saturday, January 14, 2pm-3:30pm
- Venue: Fort Worth Botanic Gardens (Lecture Hall)
- Address: 3220 Botanic Garden Blvd, Fort Worth, TX 76107

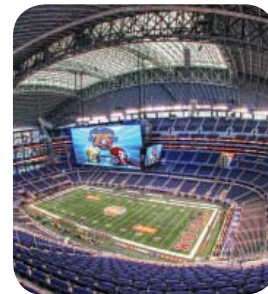
Free public talk in Fort Worth: Healthy Mind, Happy Life with American Buddhist monk, Gen Kelsang Jampa. We all wish to be happy and healthy, but how? In this talk, American Buddhist monk, Gen Kelsang Jampa, will explain how we can learn to enjoy a health, balanced state of mind with simple daily meditations. As a result, we can experience a sense of inner peace and well-being, reduce stress, boost our energy and improve our health. Everyone is welcome to this free public talk to receive simple and practical advice on how to improve health and happiness throughout the New Year! For information, contact: Kadampa Meditation Center Texas, 817-303-2700 or info@meditationintexas.org.

AT&T Cotton Bowl Classic

January 6, 7pm at Cowboys Stadium (One Legends Way, Arlington, TX 76011)

It's official: No. 6 Arkansas vs. No. 8 Kansas State in the 76th AT&T Cotton Bowl Classic! A battle of Top-10 teams has been set as the No. 6 Arkansas Razorbacks will meet the No. 8 Kansas State Wildcats in the 2012 AT&T Cotton Bowl Classic on Friday, January 6 at Cowboys Stadium.

"We truly feel like we ended up with one of the top bowl matchups in the country," Tommy Bain, Chairman of the AT&T Cotton Bowl Classic said. "This is the first Top-10 matchup at the Classic since 1994 and one of only four bowls this year pitting two Top-10 teams."



This is the first-ever Cotton Bowl meeting between these two top-ranked teams. Arkansas last played Kansas State in 1967. The Wildcats will be making their third appearance at the AT&T Cotton Bowl, and their first since 2001 (Kansas State 35, Tennessee 21). Arkansas will tie Texas A&M with the second-most appearances at the Classic with 12. The Hogs last matchup at the Classic came in 2008 (Missouri 38, Arkansas 7).

"From top to bottom, the SEC and Big 12 are arguably the two best football conferences in the country," Fin Ewing, AT&T Cotton Bowl Team Selection Chairman said. "The 2012 Classic should garner some significant attention since it's the only bowl matchup between the Big 12 and SEC."

Kansas State, 10-2 and 7-2 in the Big 12, is led by legendary coach Bill Snyder, who is 1-1 in previous Classic appearances. Arkansas is making its third bowl appearance under head coach Bobby Petrino. The Hogs finished the regular season 10-2 and 6-2 in the SEC.

Kickoff of the AT&T Cotton Bowl Classic is scheduled for 7pm on Friday, January 6 and will be nationally televised on FOX.

Nails Roofing and Storm Management

Concierge Signing Bonus

Do you need a new roof or know someone who needs one? Nails Roofing and Storm Management can help you with that. In addition, they are offering a referral bonus of **\$400** (Visa Gift Card) "per roof" to help you with that extra cash around the holidays. Yes, you can refer yourself... simply use promotion code **CCIN** when contacting them.

Nails works with your insurance company and only works with the most experienced contractors and sub contractors in the Dallas/Fort Worth area. Many companies are working hard to answer to the demand of this last storm. So, give them a call and they will NAIL down a time to visit and answer all of your questions. Please contact: Michele Badura, 972-523-6902.

Billy Bob's Texas

2520 Rodeo Plaza, Fort Worth, Texas 76164; 817-624-7117



Starting this month, you can now purchase your show tickets directly through Billy Bob's Texas online ticket system! Concerts are scheduled to start at 10:30pm but are subject to change. For a

seating chart and additional information, log onto www.billybobstexas.com.

January Concert Schedule:

Jan 6	Willie Nelson
Jan 7	Josh Abbott Band
Jan 13	Josh Gracin
Jan 14	STYX
Jan 20	Casey Donahew Band
Jan 21	Merle Haggard
Jan 27	Roger Creager
Jan 28	Dwight Yoakam

January House Bands:

Jan 4-7	Midnight Thunder
Jan 11-14	Chris & The Roughnecks
Jan 18-21	Keith Mitchell
Jan 25-28	Southern Chrome

Performing Arts Fort Worth at Bass Hall

You pay no **service fees or order charges when ordering through your concierge for all performances (Presented by: Performing Arts Fort Worth) at Bass Hall/ McDavid Studio.**



Upcoming performances are listed below. For a complete list of future performances, log onto www.basshall.com.

Broadway at the Bass 2012 Season

Monty Python's Spamalot	Feb 7-12
Mary Poppins	Mar 27-Apr 8
Blue Man Group	Jun 26-Jul 1

Broadway Specials

Young Frankenstein	Mar 14-15
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Broadway off Bass at McDavid

Dixie's Tupperware Party	Feb 15-19
Late Nite Catechism	May 2-6
The Wonder Bread Years	Jul 25-29

Molly the Trolley

A Great Way to Get Around Town!

Molly the Trolley is a FREE shuttle service to help visitors get around downtown. Shuttle routes link the Fort Worth Convention Center and hotels on the south end of downtown to hotels in the center and Sundance Square. For more information, log onto www.mollythetrolley.com.

8.0 Restaurant & Bar

111 East Third St in Sundance Square; 817-336-0880

8.0 Restaurant and Bar provides a casual yet chic environment that offers some of the finest live acoustic music that the city has to offer. With a huge outdoor stage, some of the best drink specials in town



(happy hour, Mon-Fri from 3-7pm), and a dining room with an expansive selection of food, there's always something for everyone. For more information, log onto www.eightobar.com.



Dallas Cowboys

Contact your concierge for ticket availability and pricing to ALL Dallas Cowboys home games.

Hertz

The concierge has a great rate for you. You can save **5 to 20%** on car rentals with this Hertz discount. Call 1-800-654-3131 or visit hertz.com and give them the Corporate Discount Program ID Number (**CDP-ID# 1831182**)*. Save **\$10 per day** on any car class. Code: **PC114925***

* Additional terms and conditions apply. Up to \$40 Max/Rental

Medieval Times

Take advantage of a **25% discount** all year round on adults and children's tickets (except New Year's Eve show) with no processing fees! Simply contact your concierge to place your order.

Discount Ticket

Listings

We continue to offer discounts to many theater and sporting events, attractions, and restaurants; however, due to space limitations in our monthly newsletter, we have decided to post a printable PDF of those to our website instead of using the back page each month.

In addition, many of you are unaware that you can utilize us for more than just discount tickets. We are a full service concierge company and can help you with many things on your to-do list. The management company/owners of your building have contracted us to provide these services to you. Although the services are complimentary for those of you who work in a building in our network, there will be a few things that require additional manpower and fees will apply. Those will be discussed prior to fulfilling your request.

To access this list, please log onto www.cciservices.org and click on the **services** tab at the top. To see our updated list of discounts to area attractions, click on the **newsletter** tab.

Concierge Connection has created an additional blog and posted many coupons and discounts you can take advantage of, just by logging onto www.dallasconciiergeconnection.com.

it'Z Family Food and Fun

1201 W. Airport Frwy, #400 • Euless, TX 76040

817-283-3700 • www.itzusa.com

it'Z is a 60,000 sq. ft. family entertainment center conveniently located on Airport Frwy in Euless. it'Z offers several exciting INDOOR activities including: 2 level laser tag, go karts, mini-bowling, bumper cars, video and redemption games, PLUS a delicious buffet of pizza, pasta, salad and desserts.



it'Z has seating for 800 guests in 4 large themed dining area as well as 8 private rooms, and is able to host up to 2500 guests. it'Z is ideal for family outings, youth events, birthday parties and corporate meetings or picnics.

Contact your concierge for a certificate for a **FREE child's buffet** (with purchase of adult buffet).

Great Wolf Lodge

Just a reminder...Great Wolf Lodge in Grapevine is offering a special discount of **20% off of their best available rate** to our clients. This offer is valid until **FEBRUARY 28, 2012**. Some blackout dates may apply. Also, another new perk is that 2 reservations can be made per person. When making a reservation, please use the corporate code: **CORP 750A**; your discount will automatically be 20% off of the best available rate! Reservations can be made by directly calling the Great Wolf Lodge in Grapevine at 817-488-6510 x7602 or www.greatwolf.com. This offer is valid at the Grapevine location and for new reservations only; no previously made reservations will be adjusted.

Grapevine Wine Tours

Entertaining family and friends from out of town this holiday season? Treat them to one of the most unique entertainment experiences in North Texas.

Grapevine Wine Tours offers daily lunch and dinner excursions to all seven of Grapevine's award-winning wineries. Each tour includes tastings at three wineries, a delicious lunch or dinner, and a brief tour of Historic Downtown Grapevine. A professional tour guide will escort you to each stop in their eye-catching tour bus.

Grapevine Wine Tours are a popular choice for birthday and anniversary celebrations, Girls Nights Out, bachelorette parties, neighborhood get-togethers or just a different kind of day or night out on the town with friends and family. Grapevine Wine Tours are a perfect choice for company outings, team-building exercises and corporate holiday parties, too! Groups up to 300 people are welcome! Gift certificates for lunch and dinner tours are very popular as gifts for employees, vendors, customers and other VIPs.



Call 817-259-WINE (9463), visit them online at www.GrapevineWineTours.com and "friend" them on Facebook (www.facebook.com/GWTours) for more details and special offers.

24th Annual PARTYFEST!

Dallas Market Hall, January 11, 11am-4pm

- Tradeshow Hours: 11am-4pm
- Silent Auction benefiting the Wesley-Rankin Community Center, 12am-3pm
- Attendee Cost: \$10 at the door - FREE PARKING
- Contact your concierge for a complimentary admission pass!
- Register to attend at applauseproductions.com.

What is Partyfest?

The 24th Annual Partyfest "Spring Showcase" is the largest one-day exhibition and tradeshow of its kind held in the Southwest...a spectacular one-day event featuring over 200 of D/FW's top party and event suppliers. Check out the hottest industry trends while networking with the pros. Educational seminars, food and beverage samplings, silent auction and exciting new product demonstrations will be highlighted throughout the day to help YOU plan your next special event. MARK YOUR CALENDAR! Partyfest, "Where Great Parties Begin!"

Who is Invited?

Over 10,000 personal invitations are sent directly to D/FW's top producing businesses, corporate meeting planners, social party planners, concierges, wedding planners, association planners and industry affiliated organizations. Invitations are also extended to anyone who's planning a party or event in the Dallas-Fort Worth area. This is D/FW's premier showcase of unique ideas for planning the perfect event!



PARTYFEST
extravaganza 2012

Who is Exhibiting?

D/FW's Finest...Caterers, Multi-Purpose Facilities, Party Ranches, Hotels, Party and Event Rentals, Interactive Games, Casino, DJ's and Karaoke, Live Bands, Unique Entertainers, Event Staffing, Ad-Specialties and Gift Items, Florists, Restaurants, Audio Visual, Photographers, Props, Decor, Tents, Staging, Sound and Lighting, Transportation and much more.



SQUARETRADE
Warranties that make sense!

This is your ticket to...

The #1 Rated iPhone Warranty

**Only \$94
for 2 Years**

(Regular Price \$125)

- The #1-rated warranty on iTunes
- Covers normal failures **AND accidents**
- Get entered to win 1 of 50 iPad 2's

Buy Now → <http://sqtr.co/10b2y>

And see more details. Link is case sensitive.



100,000+ Fans
Facebook.com/SquareTrade

GIZMODO
"Covers Clumsiness,
Stupidity & Human Nature."

iTunes
Check out our
5000+ 5-star reviews.

Coverage available for iPhones purchased within the past 90 days.

Price of \$94 above reflects an additional \$5 savings off of the currently discounted price of \$99 if you use the unique link listed above. Link is case sensitive.

